



As you read the examples below, circle if you think the situation is a secret or surprise

SECRETS vs SURPRISES

Remember:

Secrets can cause

- people to feel sad, scared or confused.

Surprises are fun things

- that make everyone who knows about them happy.

Someone takes a picture of you and asks you not to tell

Secret or Surprise

Your parents are planning a surprise birthday party for your sibling

Secret or Surprise

Someone in your class has been hurting your feelings and hitting you, and now you don't like going to school

Secret or Surprise

Your friend says her mom's boyfriend is rubbing her arm and giving her long hugs. She says it makes her uncomfortable, but she hasn't told a trusted adult

Secret or Surprise

You baked cookies for you teacher on the last day of class and you are excited to surprise her

Secret or Surprise

When you go to your neighbor's house, they ask you to take off your clothes

Secret or Surprise