

SUMMER SAFETY CHECKLIST

FROM YOUR FRIENDS AT THE CHILDREN'S SAFETY CENTER

BODY SAFETY

- ☐ REVISIT BODY SAFETY DISCUSSIONS
Include topics like: places on your body nobody should touch, using anatomical names for body parts, reading body safety books.
- ☐ DISCUSS TRUSTED ADULTS
Have your child identify trusted adults from all aspects of their life: home, school, church, camp, etc.
- ☐ CREATE A CODE WORD WITH YOUR CHILD (EXAMPLE: PANDA, PINK ELEPHANT)
If your child ever feels like they are in an unsafe situation, they can call, yell, or text this word and you will show up for them.

INTERNET SAFETY

- ☐ IMPLEMENT AN ELECTRONIC DEVICE AGREEMENT
Create and sign this agreement with your child. Examples of things to include: Turning in their device at certain time in evening, receiving parent approval before downloading apps, only being online friends with people they know in-person.
- ☐ UNDERSTAND YOUR CHILD'S ONLINE GAMING
FUN FACT: More than 40% of gamers are 36 or older.
Keep your child's profiles private. Turn off location settings. Keep your gaming device in a spot in the house where you can watch, see, and hear, what they are doing.
- ☐ HAVE CONVERSATIONS ABOUT ONLINE ACTIVITY WITH YOUR CHILD
Examples of topics to discuss: what they like to do online, what is personal info, digital footprints. Create and discuss scenarios with them, like: what would you do if someone asked you to meet them in person?

CAMP SAFETY

- ☐ READ CAMP POLICIES BEFORE ENROLLING YOUR CHILD
Look for things like how they vet employees that provide childcare, if they run background checks or call previous employers, and if they have a strategy for one-on-one interactions.
- ☐ ASK OPEN ENDED QUESTIONS ABOUT CAMP
Instead of asking, "How was camp?", ask your child to tell you about their day at camp. This will expand a one word response into a conversation.



As always, visit our website for more information, worksheets, and recommendations!